

Jr. High Students

Exempt PE Take Dance Instead

Take 5 hours of dance spread over at least 3 days during the week and you don't have to take PE at school! There is paper work to be done for the school and you must complete it by the deadline.

What to do first:

Come into the studio and take a trial class to see what level you are. You may take a trial class with the beginning level on any Tuesday in June 5:00-6:00 for Ballet and 6:00-6:30 for Jazz. You may watch the Advanced level on any Thursday in June 5:00 Ballet and 6:30 Jazz. If you feel you are advanced, after watching the class, you may make an appointment to take an advanced class. Appointments may be made with the front desk personnel. You do not need an appointment to take the beginner classes. Please note, there are NO classes in July.

What to wear:

You will need to wear a black leotard to the trial class. You can purchase one from the studio for \$16.00 or get one just about any place like target or academy. You can wear black jazz leggings available at the studio for 24.00 or just for the trial class you could wear black sweat pants cut to Capri length. You will need the leotard and leggings if you choose to do the classes in the Fall.

Do your paper work:

After you have taken a trial class and you have decided if you are a beginning student or an advanced student, then you can fill out your paper work (available from the school's website or from the studio.) You fill out your schedule and then Mrs. Stephanie will need to sign your paper work and you **MUST** turn it in to your councilor by the deadline, earlier is better. The deadline is posted on their website.

If you are a beginner, your dance schedule for Fall will be:

Monday 7:00-8:00 JH Ballet
Monday 8:00-9:00 JH Jazz
Wednesday 7:30-8:30 JH Lyrical
Thursday 6:30-7:30 JH Ballet
Thursday 7:30-8:30 JH Jazz

Catch Mrs. Stephanie and have your paper work signed on any Tuesday or Thursday in June at 7:30PM sharp. No signing in July. Last chance to get it signed in August during Camp. See camp times at Summer Camp Schedule.

(You may substitute any one of the classes above for Pre-Point class Friday 6:00-7:00 this is a bare foot class that works on strength and flexibility no experience required. Or you may add this class as a 6th hour if you are interested in getting on point some day.)

If you are advanced with 5 years or more of dance experience, taking technique classes 2 to 3 days a week, then you will need to try out of Company Classes. Your schedule will be Tuesdays, Thursdays and Fridays. Times will depend on what company you make.